

مضبوط عورت - مضبوط معاشرہ

Quarterly Activity Report

April-June 2015



Home School Education Program (HSEP)

DAMEN

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Quarter Overview

- 95 home schools and 15 health centers strengthened.
- 1 home school was self-sustained in Area 1 District Lahore.
- 1 health center was self-sustained in Area 1 District Lahore.
- 13 health camps were organized.
- A total no of 7,543 patients visited health centers, while 481 patients visited the health camps for the treatment of different diseases.

Back ground

To attain the long-term goal of sustainable social development it is necessary to provide health and education facilities to all the people and build their capacity on certain issues. The significance of these two features inspired DAMEN to start its Social Sector Program.

According to the financial analysts the Government is spending just 2.3% of the total Gross National Product GNP on education and just 9.9% of the total budget allocation is being reserved for educational purposes in Pakistan which is very low as compared to our neighbors that includes India which spends almost 4.5% of the total GNP and about 12.7% of their total budget on educational practices and at the same time Bangladesh spends just 2.1% of their GNP but 14.1% of their total financial budget¹.

Given the limited amount of resources available for educational expenditures increase in literacy rates remains a daunting task for a country like Pakistan. Since the formal education sector lacks required resources and facilities, it is necessary to explore other options in order to achieve the goal of universal education.

Keeping such ground realities in mind, efforts to popularize non-formal education in the country are of vital significance. DAMEN ,like many other sister organizations is involved in imparting non-formal education in Punjab by opening and strengthening home schools in rural and slum areas of District Lahore, Kasur, Sheikhpura and Nankana .

Similarly, in a developing country like Pakistan majority of the population remains deprived of basic health care facilities as ruling elites and legislators do not respond generously to the health and medical needs of the common man. They use to allocate massive funds for the non-developmental expenditures and luxuries of the rulers instead of developmental issues like health and education.

In this critical situation DAMEN is playing its key role like many other sister organizations by providing basic health facilities to the deprived community of rural and slum areas of District Lahore, Kasur, Shiekhupura and Nankana.

In the targeted areas of Lahore, Kasur, Shiekhupura and Nankana majority of people have no or limited access to the hospitals or other paramedical facilities. DAMEN is providing its health care services with the mission to cure their primary health care problems through lady health visitors (LHVs) having professional certifications only in 10 rupees prescription fee. The prime focus of DAMEN's health program is to create awareness regarding mother and child health, immunization of children and adoption of preventive measures. It also highlights the importance of family planning services in birth control and other reproductive health problems. Health care program is based on the principle of community participation through awareness, change of attitude and community mobilization through women activists.

¹ <http://sekho.com.pk/educational-articles/pakistan-literacy-rate/>

This report covers the period from 1st April 2015 to 30th June 2015. The key achievements, challenges faced and mitigation measures adopted are summarized below:

Home School Education Program

The goal of social sector program is to support & strengthen the services in educational and health initiatives undertaken by local females to provide primary education to out of school primary age group children through non-formal system and provide health services to the people by establishing health care centers.



Quarter Highlights

1. During the quarter a total number of 95 home schools were strengthened with the strength of 4,036 students.
2. 1 home school in area 1 district Lahore became self-sustained.
3. 1 health center in area 1 district Lahore became self-sustained.
4. 15 health centers were strengthened.
5. A total no of 7,543 patients visited these health centers while 481 patients visited the health camps for the treatment of different diseases.

Key Achievements

During the reporting period following were the main achievements:

DAMEN's home school education program has now been expanded to 32 villages of Union Councils of NiazBaig, Ali Razabad, Chung, Shahpur, Bholaghari, Maraka, Halloki, ShamkeBhattian, KotRadhaKishan, Raiwind, (District Lahore) Begum Kot, Sharaqpur, Dhamke, Rachna Town and Muridke (District Sheikhpura), Phool Nagar, Jamber, Pattoki ,Chunian and Habibabad (District Kasur), Nankana, Butcheyki, MorKhunda, Shah kot, Var Bertain (District Nankana). Currently, there are 95 home schools in these areas



SO's Name	Area Name	No. Of Students		Total Students	Total Schools
		Boys	Girls		
AREA 1 (DISTRICT LAHORE)					
Zab un Nisa	NiazBaig	64	75	139	5
	Ali Razabad	41	43	84	2
Asifa Sultana	Chung	173	230	403	10
NargisRehman	BholaGari	81	90	171	5
	Shahpur	114	103	217	6
Sub Total		473	541	1014	28
AREA 2 (DISTRICT LAHORE)					
Robina Begum	Maraka	133	161	294	8
	Sham kiBhattian	36	50	86	2
	Halloki	19	17	36	1
	Raiwind	46	25	71	2
Sub Total		234	253	487	13
AREA 3 (DISTRICT SHEIKHPURA)					
Shabnum Batool	Sharqpur	95	119	214	4
	Begum Kot	27	24	51	1
	Dhamke	99	103	202	4
	Rachna Town	115	59	174	3
	Muridke	45	44	89	2
Sub Total		381	349	730	14
AREA 4 (DISTRICT KASUR)					
SakinaBibi	Jamber	108	116	224	4
	Pattoki	122	129	251	5
Nasreen Sharif	Habibabad	40	58	98	4
	Phool Nagar	121	121	242	4
	Chunian	127	127	254	2
Sub Total		518	551	1069	19
AREA 5 (DISTRICT NANKANA)					
Mehvish	Nankana	158	186	344	8
	Butchyeki	13	24	37	2
	MorKhunda	67	148	215	6
Anum Shakil	Shah Kot	32	60	92	3
	Mor Khunda	21	27	48	2
Sub Total		291	445	736	21
Grand Total		1,897	2,139	4,036	95

Total 170 students dropped out (10 students from Area Niaz Baig, 44 students from Area Maraka, and 91 students from Area Sheikhpura and 25 students from Area Kasur) due to promotion of 5th class students in grade 6th and some of them have domestic problems.

Health Care Services

During the reporting period 15 health centers were strengthened in the areas of NiazBaig, Shahpur, Chung, Halloki and Manga at Lahore District, Begum Kot at at Sheikhpura District, Jamber, Pattoki and Phool Nagar at Kasur District and Nankana, Butcheyki, Shahkot and MorKhunda at Nankana District. A total number of 7,543 patients visited the centers established in all operational areas.



Table 1.1. Number of Patients Visited Health Care centers

O Name	Area	No. of Health Care Centers	No. of Patients
AREA 1 (DISTRICT LAHORE)			
Zaib-un-Nisa	NiazBaig	1	283
NargisRehman	Shahpur	1	388
Asifa Sultan	Chung	1	618
AREA 2 (DISTRICT LAHORE)			
Robina Begum	Halloki	1	660
	Manga	1	840
AREA 3 (DISTRICT SHEIKHUPURA)			
Shabnum Batool	Begum Kot	1	580
	Muridke	1	610
AREA 4 (DISTRICT KASUR)			
Sakina Begum	Jamber	1	232

	Pattoki	1	348
Nasreen Sharif	Phool Nagar	1	352
Area 5 (District Nankana)			
Mehwish	Nankana	1	255
	-	1	275
	Butcheyki	1	700
	Shahkot	1	125
	MorKhunda	1	1277
	Total	15	7,543

Health Camp Campaign

13 health camps were organized in NiazBaig, Chung and Shahpur (Area 1), Manga & ShamkiBhattian (Area 2), Muridke & Dhamkay (Area 3) Jamber, Phool Nagar & Pattoki (Area 4) Nankana (Area 5) for microfinance- clients and non-clients. Health camps in NiazBaig, Shahpur, Chung, Manga, Sham ki Bhattian, Phool Nagar, Pattoki and Nankana were free of cost. **481 patients benefitted from these free health camps. These camps proved to be helpful for DAMEN in creating awareness in the community regarding its social and financial services.**

Table 1.2. Free Health Camps in Operational Areas

Areas	Field Office	Date	Total Patients
Area 1	NiazBaig	25-June	68
	Shahpur	20-May	41
	Chung	29-May	52
Area 2	Sham ki Bhattiyan	15-May	50
	Manga	26-April	48
Area 3	Rachna Town	29-June	25
	Begum Kot	26-June	27
Area 4	Pattoki	20-April	36
	Phool Nagar	29-May	24
Area 5	Nankana	28-May	40
	Buceki	26-May	25
	MorKhunda	22-June	15
	Buceki	26-June	30
Total	13		481

Environmental Consciousness

Environmental concerns such as pollution, erosion and deforestation affect everyone, but the poorest countries have the most to lose. They are impacted the most by environmental destruction, and have the fewest resources available to adapt. Therefore, to attain the goal of sustainable development, it is necessary to create awareness among the community about certain environmental issues.

For the purpose DAMEN organizes different group and individual meetings with Women Social Organizations and other community members. During the reporting period one training workshop on “**Environment & Our Climate**” was organized with 16 members of Women Social Organizations (WSOs). The training enriched the knowledge of the environmental activists regarding the importance of tree plantation, various forms of environmental pollutions and its effect on human lives, sanitation, solid waste management and development of environment friendly behavior and practices.

Community Transformation

Along with the home schools the social endeavors of DAMEN has also concentrated to successfully mobilize the women of these communities in the process of sustainable development by organizing them in groups for collective action to address the issues pertaining to education, health, environment and other social evils. For this purpose different trainings and forums have been organized for them on monthly basis with the key objective of awareness on health and environmental issues.

Table 1.3. Women Social Organizations (WSOs) Along With No. of Members

Area	No. of WSO's	Member of WSO's
AREA I (DISTRICT LAHORE)		
Bhola Ghari	5	41
Shahpur	6	57
Chung	10	74
NiazBaig	5	37
Ali Razabad	2	15
AREA 2 (DISTRICT LAHORE)		
Maraka	8	80
Halloki	1	10
Raiwind	2	14
Sham keBhattian	2	20
AREA 3 (DISTRICT SHEIKHUPURA)		
Begumkot	1	10
Sharaqpur	4	41
Dhamke	4	41
Rachna Town	3	31
Muridke	2	20
AREA 4 (DISTRICT KASUR)		
Jamber	4	40
Pattoki	5	50

Habibabad	4	40
Phool Nagar	4	40
Chunian	2	20
AREA 5 (DISTRICT Nankana)		
Nankana	7	
ShahKot	3	
MorKhunda	9	67
Butcheyki	2	25
Total	95	773

Training & Capacity Building

It has been proved through empirical evidence that the capacity building plays an important role in the growth and expansion of some organization. This enforces DAMEN to build the capacities of staff and communities to effectively manage diverse programs and achieve better output. For the purpose DAMEN conducts a wide range of training workshops for staff and communities.

Community Level

Community capacity building is about supporting people to develop their skills and awareness raising for collective action to bring out positive change within their own communities. Further it helps to build their capacities towards highlighting key problems they encounter and possible solutions. DAMEN's vision and mission is based on the empowerment of marginalized communities through collective actions and their own participation.

Institutional level

DAMEN primarily focuses on the transformation of institutional and individual's capacities. The organization creates spaces and opportunities for individuals to grow on the one hand and the individuals contribute to organizational learning on the other. It is about supporting individuals, groups and organizations to enhance and develop their social and operational competencies enabling them to carry on social change and developmental processes more effectively.



During the quarter DAMEN not only conducted regular quality trainings for both field and head office staff but also organized a number of activities to build the capacity of WSOs and marginalized community of targeted areas.

- **Orientation of New Field Staff**

One orientation for newly hired field staff was organized during the quarter April - June 2015. The orientation gave brief introduction of DAMEN, its policies and role in economic development. The orientations also briefed on code of conduct, & social mobilization techniques and policies and procedures of social sector programs.

Home School Education Program Staff & WSO’s Trainings

Home School Education Program-Staff trainings	
Plan	Status
Two days training on Development Orientation	-Completed-
Three days Training on Environment& our Climate	-Completed-
Three days Training on Health& Nutrition	-Completed-
Two days training on Multi Grade Teaching System	-Completed-
One Day Refresher on Communication Skills	-Completed-
Two Day training on Creating Learning Environment & Our Climate	-Completed-

- **2-Day Training on Development Orientation**

“2-Day Development Orientation” was organized for women social organizations from **7th–8th April, 2015** in Ali Town, Pattoki (Area Kasur) 12 members of WSOs participated in the orientation. The main objective of the orientation was to build up the capacity of WSOs by involving them in the process of development through social activism in order to broaden the scope of community participation for collective action.

- **3-Day Training Workshop on Environment & our Climate**

“3-Day Training workshop on Environment& our Climate” was organized from **27th-29th April, 2015** in Jamber Khurd (Area Kasur). A total number of 15 WSOs participated in this training. The training emphasized the significance of clean environment, importance of tree plantation, management of solid waste and development of environment friendly behavior and practices. It also briefed on different kinds of pollution & its effects on human life and role of civil society in eradication of environmental pollutions. The training highlighted the state obligation regarding environment in order to enable WSOs to identify their environmental problems and their possible solutions.



- **3-Day Training on Health & Nutrition**

“3-Day Training on Health & Nutrition” was organized from **25th-27th May, 2015** in Chak # 34 Renala Khurd. A total number of 20 WSOs participated in the training. The training gave awareness about primary health care and nutritional importance for mothers. It also helped the participants in identifying available healthcare facilities through resource mapping.

- **2-Day Training on Multi Grade Teaching System**

Training workshops on “Multi Grade Teaching System” was organized from **4th – 5th June, 2015** in Jabber (Area Kasur). Total number of 21 teachers participated in the training. The training workshop was organized to enrich the knowledge of the participants regarding different techniques of teaching with the perspective to enable the participants to differentiate, awareness regarding the characteristics and weakness of teachers.



- **1-Day Refresher on Communication Skill**

A refresher Training on “Communication skills” was organized on **19th May, 2015** in Jhamber (Area Kasur). Total number of 10 teachers participated in the refresher. The training refresher was organized to give insight on communication skills and techniques of communication. Moreover methods of communication were delivered within a group to improve listening capacities.

- **2-Day Training on Creating Learning Environment & Our Curriculum**

Training workshops on “Creating Learning Environment & Our Curriculum” was organized from **16th – 17th June, 2015** in Maraka. Total number of 8 social organizers participated in the training. The training workshop was organized to enrich the knowledge of the participants regarding positive importance of creating learning environment and how to design & present thematic preparation of book topics. Moreover how we create learning community and good handling our curriculum.

Celebration of Earth Day in Chung School



Damen celebrated Earth Day on 22nd April 2015 in DAMEN Home School Chung. Around 30 children participated in the activity. Our children are the future. It's our responsibility to teach kids what they need to know to save this planet, not only for themselves and their children, but also for many generations to come. This Earth Day, we try to teach kids about the earth and how to create a sustainable world. Our children are the future, and the fate of this planet is not only in our hands, but in theirs too. Once we've used up and destroyed the resources of our Earth, there's no turning back. Teaching kids the message of Earth Day is the legacy we leave for all mankind. The most important thing for kids to know is that Earth Day is not one day of celebrating by creating more garbage, but instead a reminder of what we should be doing all year long. As adults, it's our job to teach them this. Kids do listen and learn from us. First and foremost, kids learn through example. They need to see how protecting and preserving the Earth is important to us, not just by our words, but by our actions as well. So we try to teach them by an activity, we divided the children in three groups and each group has to draw the earth. All groups draw the earth that how beautiful they want to see it. Finally they present their drawing and we distributed gifts in all three groups to appreciate their efforts.

